



Spinal Manual Therapy: An Introduction to Soft Tissue Mobilization, Spinal Manipulation, Therapeutic and Home Exercises

By Howard W. Makofsky Pt Dhsc Ocs

Slack Incorporated. Hardcover. Book Condition: New. Hardcover. 400 pages. Dimensions: 11.3in. x 8.7in. x 0.7in.Spinal Manual Therapy: An Introduction to Soft Tissue Mobilization, Spinal Manipulation, Therapeutic and Home Exercises, Second Edition is an easy-to-follow manual of clinical techniques for the spine, pelvis, and temporomandibular joint. The text provides tools rather than recipes and immerses the reader in the process of thinking as a manual therapist, rather than functioning as a technician. The clinical utility of this revised second edition combines the art and science of present day spinal manual therapy. The focus of Spinal Manual Therapy, Second Edition is to provide clinically useful treatment techniques, while being mindful of the scientific literature related to the practice of spinal manual therapy. It is an ideal resource for all those interested in grasping the basics of spinal manual therapy and transferring that knowledge into practice within a clinical environment. The hands-on approach taken by Dr. Howard W. Makofsky makes this new edition the go-to textbook for spinal manual therapy. New to the Second Edition: New pictures of examination and treatment techniques with captions Additional case studies New evidence supporting spinal manual therapy Updated references throughout the textThis unique textbook has a plethora...



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