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Being Born: The Doula's Role

By Jewel Hernandez

Hohm Press,U.S. Paperback. Book Condition: new. BRAND NEW, Being Born: The Doula's Role, Jewel Hernandez, This title is suitable for children of ages 9 to 12 years. A doula is a healthcare professional who offers educational, physical, emotional and practical support to a pregnant woman - before, during and after the birth of her child. Whether the birth takes place with a doctor in a hospital or birthing center, or at home with a midwife, a doula is always a valuable asset to any birth team. Research confirms that the support of a doula throughout pregnancy optimises a woman's chances of having a healthier birth experience as well as a healthier newborn. This is a picture book for expectant parents and their young children. It gives a warm and friendly overview of a doula's role, stressing the advantages of a doula's help. When read to younger siblings, it is a source of comfort to those who wonder about all the people involved when mum is 'having a baby'. This book celebrates birth - as a natural and whole-family experience. Both its text and images present the subject clearly, but in child-appropriate language. It's simple presentation of a doula's role make this...



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