

## The Sheldon Short Guide to Dementia Care (Paperback)



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### ***Reviews***

*Very good e-book and valuable one. It really is packed with knowledge and wisdom I am just very easily could possibly get a satisfaction of reading a created pdf.*

***(Walton Haag)***

## THE SHELDON SHORT GUIDE TO DEMENTIA CARE (PAPERBACK)



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SPCK Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 190 x 129 mm. Language: English . Brand New Book. This book falls into three sections - living at home, when care needs increase, finding and settling your parent into a care home. Other topics include: \* Dealing with the diagnosis: Your parent has been diagnosed - what happens next? What support are they likely to need if they want to stay at home? \* Making them safe at home: items to help them cope, such as a pendant alarm, key safe, giving neighbours a set of house keys, informing the neighbours of the situation etc. \* Planning for the future: How long can they stay in their own home? \* Taking control early: how to apply for Power of Attorney and why it s so important. Support from siblings and others. \* Coping as your parent needs more support: What to do when their care needs begin to increase. \* Exploring the options: Investigating care homes and other options. \* Be good to yourself: Taking care of you. Make time to exercise and eat well and be good to yourself. You re no use to your parent if you don t. \* Choosing a care home: what to look for. \* If you want to be the carer: Should you consider caring for them yourself? The pros and cons. \* Life in a care home: making the adjustment, what to expect.



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