

Tamdin Sither Bradley: The Only Introduction You'll Ever Need

By Tamdin Sither Bradley

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2010. Softcover. Book Condition: New. First Edition. Tibetan medicine is a complete medical system. It is called gSo-ba Rig-pa, or the science of healing, and is based on the four medical tantras called rGyud-bzhi. The present book includes:- theory and practice of Tibetan Medicine, historical background, diagnosis, treatments and therapies, tips for healthy diet and lifestyle.Printed Pages: 197.





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